

Discharge Information

Following discharge home, your community midwife will come and visit you the next day between 08.30-16.30. If you do not receive a visit, please ensure you call one of the numbers below.

- If you are South Tyneside or Sunderland, you will need a postnatal clinic appointment arranged for you prior to discharge (weekends only).
- Please make sure you have your baby's red book and any notes given to you prior to leaving the unit.
- All information you may need will be on Badger Notes attached to your record or within the handheld record pregnancy booklet (page 82 onwards) if you do not have BadgerNotes.

Contact numbers if you have any concerns:

Ward 32 – 2825632

Ward 33 – 2825633

Maternity Assessment Unit – 2825748

Emergency – 999

NBC – 2824931