

Parents – Worried about your baby?

- Ask your midwife or Health Visitor if at all possible
- Ask your GP about rashes, bumps or lumps in a well baby

Out of hours worries in the first 14 days:

- If you live in Newcastle phone 0191 2829854
- If you live outside of Newcastle, contact your local maternity unit

Out of hours worries after 14 days, contact 111

Any urgent Health Concerns at any time – phone 999