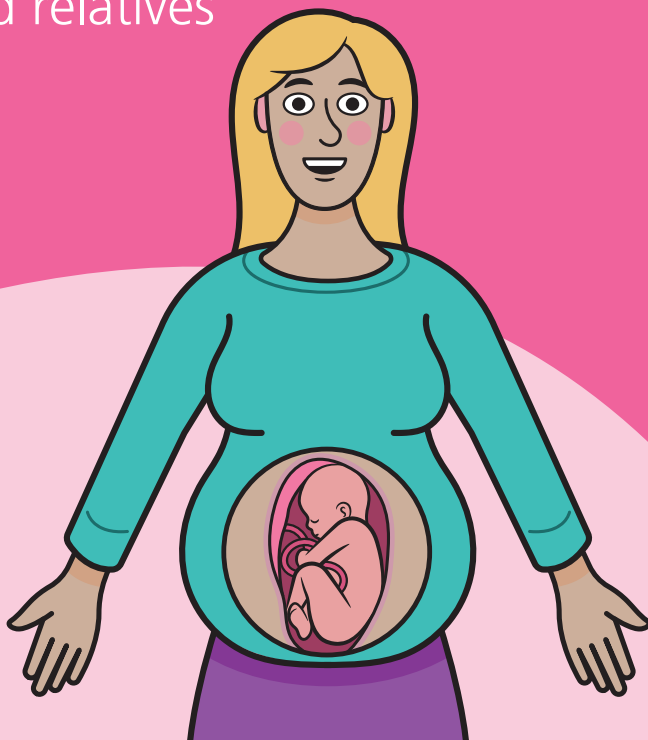


Caesarean Section

Information for patients,
carers and relatives



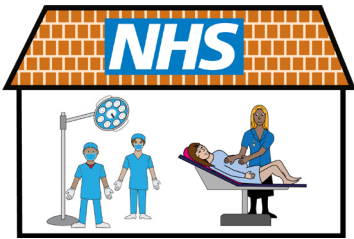
easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

hospital



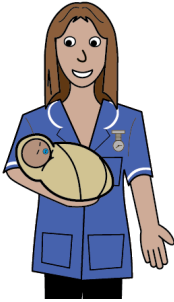
A Caesarean is an operation and is always done in hospital.

birth partner



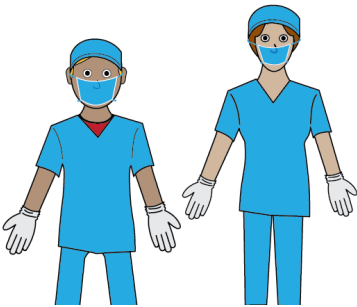
You can have someone with you, a birth partner.

midwife



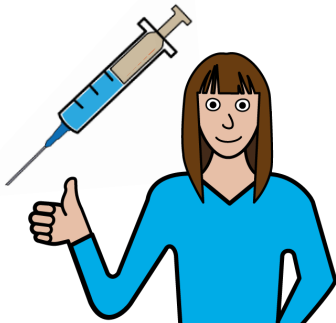
A midwife will also be with you to support.

scrubs



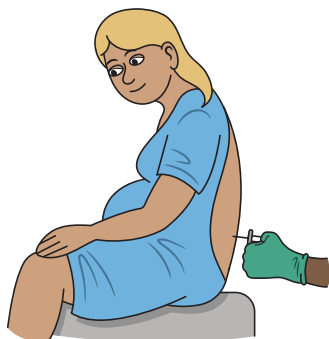
Everyone, including your birth partner, will change into theatre clothing known as Scrubs.

medicine



You will be given some medicine so it does not hurt during the operation.

injection in back



This is usually via a needle into your back - a spinal injection.

This will make your legs feel heavy and numb.

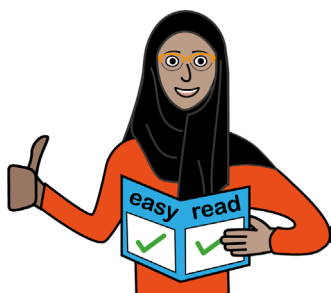
anaesthetic



Or you may be put to sleep.

This is very rare as we want you to be awake when your baby is born.

easy read



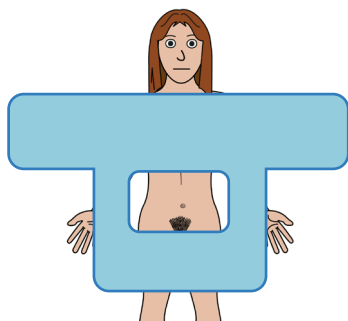
We have other easy read leaflets about having a general anaesthetic (being put to sleep).

check



The team will check that the medicine (anaesthetic) is working before they start the Caesarean.

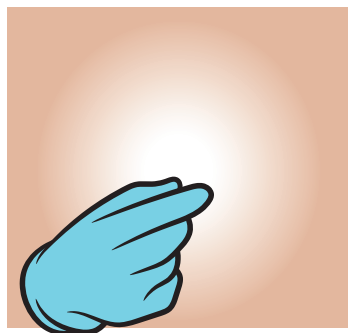
surgical drape



They will cover you with a surgical drape.

This is a sheet that will keep you covered and clean during your Caesarean.

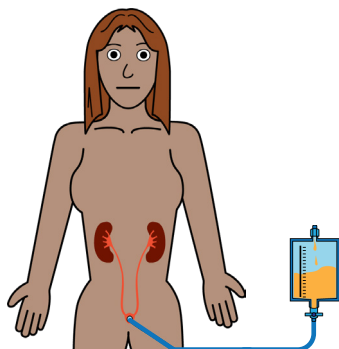
soap



Your tummy will be cleaned with soap.

This will help to prevent any infection.

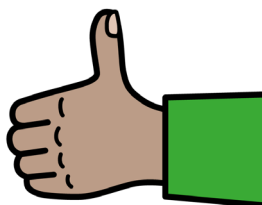
catheter



They will put a tube into your bladder to drain your wee.

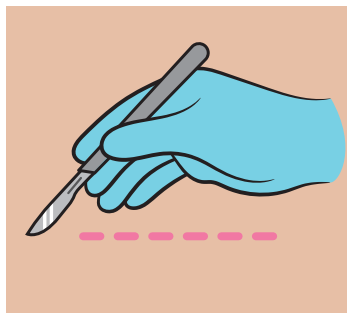
This only stays in while your legs are numb and you cannot get to the toilet.

no pain



You may feel your tummy being moved but you should not feel pain.

cut in tummy



A cut will be made low down in your tummy.

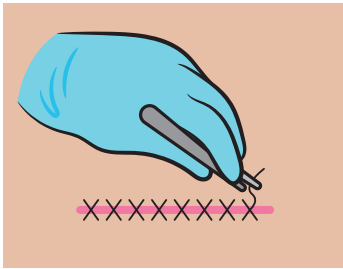
You will not feel this.

baby is born



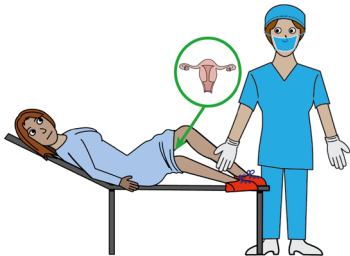
This is to make an opening for your baby to be born.

stitches



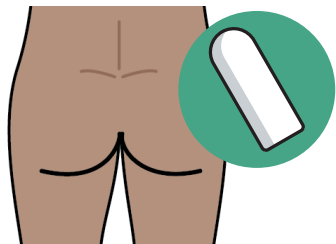
After your baby has been born the opening in your tummy will be closed with stitches.

vaginal examination



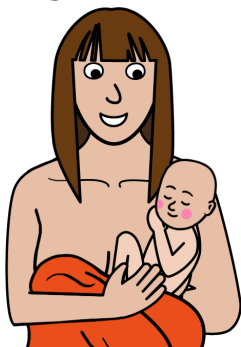
When your baby is born the Dr will need to check inside your vagina.

tablet up your bum hole



They will give you pain relief medicine into your bottom as a suppository - this is a tablet up your bum hole.

see your baby



If you are awake you will be able to see your baby if you want.

You will be supported to hold your baby if you want to.

recovery



Afterwards you will be taken to an area to recover before going to the postnatal ward.

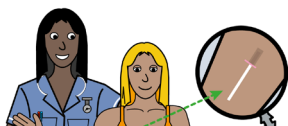
friendly staff



Our staff will support you and your baby throughout your hospital stay.

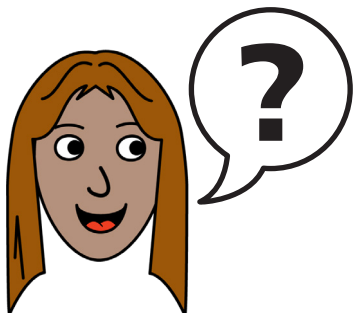
contraceptive implant

contraception implant or rod



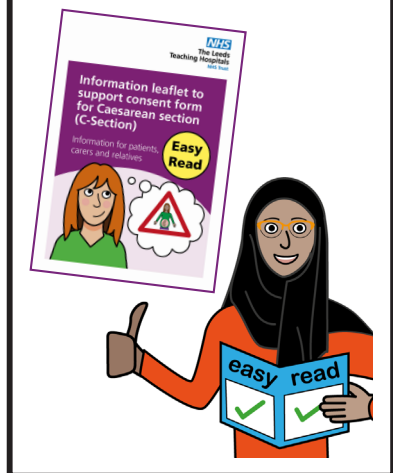
If you are having a contraceptive implant placed this will be done in hospital.

ask questions



Please ask any staff if you need any help or support.

consent for Caesarean



There are some risks to a Caesarean and we have another leaflet to read before you decide to have this operation.

For more information please go to

**[www.necldnetwork.co.uk/
work-programmes/health-inequalities/maternity/](http://www.necldnetwork.co.uk/work-programmes/health-inequalities/maternity/)**

 **@necldnetwork**

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Easy Read



This leaflet has been co-developed by Leeds Teaching Hospitals NHS Trusts which has kindly been shared so it can adopted by the North East & North Cumbria.



**The Leeds
Teaching Hospitals**
NHS Trust

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