

North East and North Cumbria

Information leaflet to support consent form for Caesarean section (C-Section)

Information for patients, carers and relatives





North East and North Cumbria Local Maternity and Neonatal System



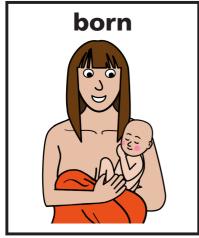




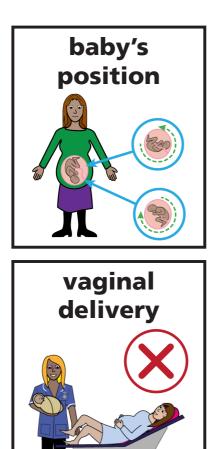
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

A Caesarean Section will be considered when agreed this is the best option you or baby



A Caesarean is done when baby needs to be born safely and quickly due to other health complications.



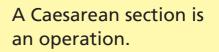
These could be baby's position.

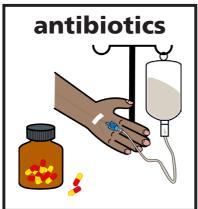
Maternal health conditions that mean a vaginal delivery is not as safe.



There are some risks you need to be aware of.





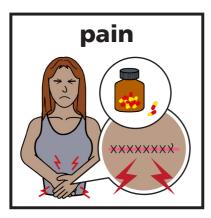


There is a risk of infection in the cut or inside the womb.

You will be given antibiotics to reduce this risk.



You will have a wound and pain after surgery.



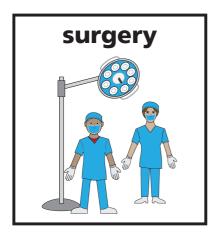
You will be given support and pain relief to help with this.



You could bleed and may require a blood transfusion or more surgery to stop the bleeding.

bladder or bowel damage

It is rare but your bladder or bowel could be damaged.



blood clots

This may mean you need more surgery.

There is a risk of blood clots.



This risk is lowered by injections and keeping active.

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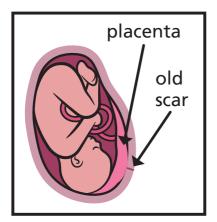
cut



Your midwife will support with advice.

There is a small risk the baby will be cut during surgery.

A Caesarean creates scar tissue that can cause risks for future pregnancies.

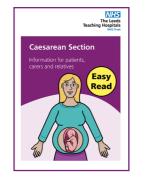


The placenta (the organ that helps to feed the baby in the womb) could get stuck to the scar tissue.



If the placenta cannot feed your baby they might die.





These risks are that you may always need to have your babies by Caesarean section.



talk with midwife and doctor



You will need to stay in hospital after your operation.

You can talk through any of these risks or worries you have with your midwife and doctor.





For more information please go to www.necldnetwork.co.uk/ work-programmes/health-inequalities/maternity/
@necldnetwork
england.learningdisabilitynetwork@nhs.net



This leaflet has been co-developed by Leeds Teaching Hospitals NHS Trusts which has kindly been shared so it can adopted by the North East & North Cumbria.



The Leeds Teaching Hospitals NHS Trust

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