

Treatment options if you experience preterm birth (before 37 weeks)

● **Place of Birth**

If your baby is very early, we can help get you to the right hospital who provide specialist care for very early babies

● **Steroids**

Improve survival rates by reducing the risk of lung disease, brain bleeds, bowel problems and infections if given to the mother before the baby is born

● **Magnesium Sulphate**

Reduces the risk of conditions which affect the babies movement and co-ordination if given to the mother before the baby is born

● **Antibiotics**

Help to reduce the risk of infection if given to the mother before the baby is born

● **Cord Management**

Caring for the umbilical cord in a particular way which reduces the risk of brain bleeds and the need for a blood transfusion

● **Keeping your baby warm**

Putting your baby in a specially designed cot which manages their temperature and reduces the risk of death, brain bleeds, bowel conditions and infection

● **Maternal Breast Milk**

We can help you express breastmilk before or after birth which is the safest milk for early babies and reduces the chance of infection and bowel problems