

### Appendix 3. Triplet/higher order Pregnancies Visit Schedule

Weeks	Review by	Setting	Ultrasound	Purpose of visit
12 - 14	Medical	RVI	USS	Record past medical history <input type="checkbox"/> Ensure visit schedule in handheld notes <input type="checkbox"/> Give RCOG Multiple pregnancy information <input type="checkbox"/> Discuss chromosome and anomaly screening <input type="checkbox"/> Discuss risks incl. preterm birth <input type="checkbox"/> Prescribe aspirin if indicated <input type="checkbox"/> See information FMU booking visit Ensure vitamin D <input type="checkbox"/>
16	MMW/Medical	RVI	USS	Offer prophylactic iron & folate therapy <input type="checkbox"/> Invite to MMW education classes <input type="checkbox"/>
18	MMW/Medical	RVI	USS	Routine clinical assessment & review USS
20	MMW/Medical	RVI	USS	Routine clinical assessment & review USS FBC 20 – 24 weeks <input type="checkbox"/>
22	MMW/Medical	RVI	USS	Routine clinical assessment & review USS
24	MMW/Medical	RVI	USS	Routine clinical assessment & review USS
26	MMW/Medical	RVI	USS	Routine clinical assessment & review USS Mat B1/Sure Start grant <input type="checkbox"/> Discuss infant feeding <input type="checkbox"/> Complete BFI form <input type="checkbox"/>
28	MMW/Medical	RVI	USS	Routine clinical assessment & review USS Routine 28 week bloods <input type="checkbox"/> Confirm Anti D if required <input type="checkbox"/>
30	MMW/Medical	RVI	USS	Routine clinical assessment & review USS
31	CMW	Community		Routine clinical assessment & review USS
32	MMW/Medical	RVI	USS	Routine clinical assessment & review USS Offer elective delivery at 35 – 36 weeks <input type="checkbox"/> Discuss risks & benefits of different modes of delivery <input type="checkbox"/> Document planned mode of delivery <input type="checkbox"/>
33	CMW	Community		Routine clinical assessment
34	MMW/Medical	RVI	USS	Routine clinical assessment & review USS Confirm plan for delivery <input type="checkbox"/> Corticosteroids prescribed <input type="checkbox"/>

MMW – multiple pregnancy midwife; CMW – community midwife; MOD – mode of delivery