

Face to face Antenatal Classes are now available in Community Family Hubs across Newcastle



Classes will be facilitated by your Community Midwives, Maternity Support Workers, Health Visitors, Nursery Nurses as well as Healthworks and Action for Children Representatives

<u>Fawdon Children's Centre</u>	<u>Byker Sands</u>	<u>Galafield Centre</u>	<u>Adelaide Terrace</u>
Cairns Way	19, Raby Cross	Newbiggin Lane	Benwell
NE3 2SN	NE6 2FF	NE5 1LZ	NE4 8BE
Tuesday	<u>Thursday</u>	Thursday	<u>Friday</u>
<u>10– 12pm</u>	<u>12.30-14.30pm</u>	<u>12:30-14.30pm</u>	<u>12.30-14.30pm</u>

Please call 0191 2823319 to book:
Preparation for Labour and Birth
Baby Practical

Comforting, caring for and feeding your baby