

## Appendix 1. Dichorionic Twins Visit Schedule

Weeks	Review by	Setting	Ultrasound	Purpose of visit
12 -14	Medical	RVI	USS	Record past medical history <input type="checkbox"/> Ensure visit schedule in handheld notes <input type="checkbox"/> Give RCOG Multiple pregnancy information <input type="checkbox"/> Discuss chromosome & anomaly screening <input type="checkbox"/> Discuss risks incl. preterm birth <input type="checkbox"/> Prescribe aspirin if indicated <input type="checkbox"/> Ensure vitamin D <input type="checkbox"/>
16	MMW	RVI		Routine clinical assessment Offer prophylactic iron & folate therapy <input type="checkbox"/> Invite to MMW education classes <input type="checkbox"/>
20	MMW	RVI	USS	Routine clinical assessment & review USS FBC 20 – 24 weeks <input type="checkbox"/>
24	MMW/Medical	RVI	USS	Routine clinical assessment & review USS Discus risks & benefits of different modes of delivery <input type="checkbox"/> Give Decision Making Tool <input type="checkbox"/>
26	CMW	Community		Routine clinical assessment Mat B1/Sure Start grant <input type="checkbox"/> Discuss infant feeding <input type="checkbox"/> Completed BFI form <input type="checkbox"/>
28	Medical	RVI	USS	Routine clinical assessment & review USS Discus risks & benefits of different modes of delivery <input type="checkbox"/> Review DMT and document preferred MOD <input type="checkbox"/> Routine 28 week bloods <input type="checkbox"/> Confirm Anti D if required <input type="checkbox"/>
30	CMW	Community		Routine clinical assessment
32	Medical	RVI	USS	Routine clinical assessment & review USS Offer elective delivery at 37 <sup>+6</sup> weeks <input type="checkbox"/> Discuss, document and book delivery <input type="checkbox"/>
34	MMW	RVI		Routine clinical assessment
35	CMW	Community		Routine clinical assessment
36	Medical	RVI	USS	Routine clinical assessment & review USS Confirm MOD & prescribe corticosteroids if CS <input type="checkbox"/>

MMW – multiple pregnancy midwife; CMW – community midwife; MOD – mode of delivery